



## ECP EXPLORATION MEDICINE TRAINING COURSE

### Duration: 2 Days

This 2-day intermediate course is designed for group leaders working in remote areas. This course is recognised by all outdoor governing bodies e.g. MLTB, BCU, IRATA, RYA etc. as well as exceeding the recommendations for the HSE recognised Appointed Person in the workplace.

### Day 1

SUBJECT INCLUDE:
Course introduction & Administration
Aims & Responsibilities of the First Responder
Priorities of Treatment
Primary & Secondary Assessment
Adult Resuscitation
Airway Obstruction
Scenario
Bleeding
Shock
Basic Remote Fractures
Expedition Hygiene
Scenario
Wilderness Burns
Extremes of Temperature

### Day 2

SUBJECT INCLUDE:
Intermediate Remote Fractures
Spinal Injuries
Altitude Medicine
Evacuation Techniques
Bites & Stings
Tropical Medicine
Common Disorders

