



Stage Four– ECP Medic

Day One

1	Introduction/Registration	09:00 hrs - 09:30 hrs
2	Pre-Expedition Planning	09:30 hrs - 10:15 hrs
3	Coffee Break	10:15 hrs - 10:30 hrs
4	Casualty Prioritisation Techniques	10:30 hrs - 10:45 hrs
5	Expedition Medical Equipment	10:45 hrs - 11:45 hrs
6	Primary & Secondary Assessment	11:45 hrs - 12:30 hrs
7	Altitude Medicine	12:30 hrs - 13:00 hrs
8	Lunch	13:00 hrs - 13:45 hrs
9	Resuscitation Update	13:45 hrs - 14:45 hrs
10	Airway Management	14:45 hrs - 15:30 hrs
11	Spinal Immobilisation	15:30 hrs - 17:15 hrs





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Day Two

1	Pain Relief Analgesia/Anaesthesia	09:00 hrs - 09:30 hrs
2	Wound Management	09:30 hrs - 11:00 hrs
3	Coffee Break	11:00 hrs - 11:15 hrs
4	Bones, Joints and Tissue Injuries	11:15 hrs - 12:30 hrs
5	Lunch	12:30 hrs - 13:15 hrs
6	IV & Oxygen Therapy	13:15 hrs - 14:30 hrs
7	Intra-muscular Injections	14:30 hrs - 15:00 hrs
8	Coffee Break	15:00 hrs - 15:15 hrs
9	Suturing in the Field	15:15 hrs - 16:45 hrs
10	Legal Issues	16:45 hrs - 17:00 hrs
11	Closing Address	17:00 hrs - 17:15 hrs

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