



## ECP EXPLORER MEDICINE TRAINING COURSE

### Duration: 1 Day

This 1-day basic course is designed to give the individual the grounding in remote medicine. This course exceeds the recommendations for the HSE recognised Appointed Person in the workplace and is valid for a period of 3 years.

#### SUBJECT INCLUDE:

Course introduction & Administration
Aims & Responsibilities of the First Responder
Priorities of Treatment
Primary & Secondary Assessment
Adult Resuscitation
Airway Obstruction
Scenario
Bleeding
Shock
Basic Wilderness Fractures
Expedition Hygiene
Scenario
Wilderness Burns
Extremes of Temperature

